



IN THE HOT SEAT

We get to know cosmetic dentist **Marrina Rhode** better

Q When and where was your last meal out?

A It was last week. My partner and I went with another dentist and her husband to Hawksmoor in Knightsbridge. It's our go-to place whenever we are meeting friends or going for a celebratory night out. My partner loves a good steak, and it allows us to have a delicious meal and hit our protein goals!

Q Who would play you in the movie of your life?

A It would have to be Jennifer Lopez!

Q What's the best advice you've received?

A My mum always says: 'Be flexible and squeeze through tight situations.'
I think it is my mum's version of Bruce Lee's 'be like water' quote, but I quote her on this often and say it in my head.

Q What's your guilty pleasure?

A Salt and vinegar crisps. I love them and often crave them.

Q What was the last gift you gave/received?

A I gave my partner some cool beige On Running trainers for his birthday recently to match mine. I like to match with him.

Q Describe your perfect holiday...

A Beach, sun, nature, sea, fresh air, book, sleep, slow days with the occasional hike and lots of time to read.

Q What's your all-time favourite book/movie?

A My favourite movie is *Zoolander*, which was directed by Ben Stiller. And my book choice would be *The Alchemist* by Paulo Coelho.

Q What song is guaranteed to make you want to dance?

A Bollywood item numbers.

Q What keeps you awake at night?

A Making plans for the business. Planning every detail of a new plan (I have lots of new ideas) when I should be sleeping or while I'm sleeping! I sometimes lucid dream.

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Q How do you like to unwind?

A Exercise – I love to exercise. Sometimes I watch trash reality dating show TV, as I love these also!
I like to travel, too. Once I'm out of London, I'm out of work mode.

Q If you won the lottery, what would you do with the money?

A I want to do an advertising campaign taking over south Kensington or Knightsbridge tube station, promoting DRMR. I always said I would do this if I won the lottery.

Q What was the last photo you took on your phone?

A My partner and I at the Battersea Park fireworks in November. I only took one photo on the night, this was it.

